



Lunch

Egg Salad Wrap

\$9.00

Freshly made Egg Salad, Organic Butter Lettuce, Chives & Jicama
Wrapped in a Rice Spring Roll
Served with a side of Mixed Greens & Vinaigrette Dressing

Croissant Sandwiches

\$9.50

Chicken Salad or Savory Hard Tofu Salad Mix with Feta, Cranberries & Butter Lettuce
Served on our own Flaky Croissant with a side of Mixed Greens & Vinaigrette Dressing

Panini Sandwiches

\$9.50

Turkey Capris – Turkey, Havarti, Tomato, Avocado, Pesto, Fresh Basil & Garlic Aioli
Ham & Swiss – Black Forest Ham, Swiss & Dijon Aioli
Served on a Ciabatta Roll with a side of Mixed Greens & Vinaigrette Dressing
(Meatless Option Available on Capris)

Soup of the Day

\$5.00 Cup \$8.00 Bowl

Homemade Soup made with Organic Ingredients
Chef's Choice

Chicken Pot Pie

\$9.50

Warm Creamy Filling with Chicken Breast, Carrots, Peas & Potatoes
Topped with our Flaky Crust & Served with a side of Organic Seasonal Fruit Mix
(Meatless Option Available)

Salads

\$8.00

(Dressings - Garlic Ranch, Thai Peanut, Dijon Vinaigrette)

Napa Cabbage Salad – Organic Shredded Napa Cabbage topped with Homemade Asian Dressing & a Crumble of Hard Noodles, Sliced Almonds & Sesame Seeds browned in Butter

Kale Salad – Organic Italian Kale with Pecans, Dried Cranberries & Feta

Garden Salad – Mixed Greens, Garbanzo Beans, Beets, Cherry Tomatoes

(Add a scoop of Smoked Salmon, Chicken Salad, Tofu Salad, Egg Salad, Hard Boiled Egg or Cottage Cheese for \$3.00)

**Check Out the Pastry Case for Our Delectable Pastries &
Remember to Try our House Crafted Cocktails!**

*We use Organic, Sustainable, and Local Ingredients to Ensure our Product's Quality not only Makes You Feel Good,
They Makes the Planet Feel Better Too!*